

Sussex-Wantage Schools District Newsletter

February 25, 2022

Calendar of Events

March

3/1; 7pm SWPTO virtual meeting
3/9; Early Dismissal - Staff/Faculty PD
3/21-25; 9:30-2:00 Kindergarten
Registration @ CEL
3/31; 7pm BOE Meeting @ SMS

April

4/5; 7pm SWPTO virtual meeting
4/14; Early Dismissal - Staff/Faculty PD
4/15-4/22; SCHOOL CLOSED -Spring
Break
4/28; 7pm BOE Meeting @ SMS

MAY

5/12; 7pm BOE Meeting @ SMS
5/30; SCHOOL CLOSED-Memorial Day

JUNE

6/7; 7PM SWPTO Meeting Virtual
6/16; LAST DAY OF SCHOOL (Tentative)
6/30; 7PM BOE Meeting @ SMS

**The 12-month calendar is
available to print on our
website**

[12-month Calendar](#)

**Don't forget to check
out our website**

www.swregional.org

**Please send students to
school with a proper fitting
mask**

KINDERGARTEN



REGISTRATION IS COMING!

Kindergarten Registration will be held from
March 21st - 25th 9:30-2:00pm at the
Clifton E. Lawrence School

Please [click here](#) for more information and
the registration forms

Bad Weather...

Where to find School Closing,
Delay & Dismissal Information

www.swregional.org

[WSUS 102.3](#)

Facebook @swregional

**Alerts from Realtime Notification (call settings
in the Parent Portal)**

Lawrence and Wantage School 2021-22 YEARBOOKS On Sale Now

[https://www.jostens.com/apps/store/product
Browse/1124950/Wantage-School/2022-Year
book/2021120813301454362/CATALOG_SHOW/](https://www.jostens.com/apps/store/product/Browse/1124950/Wantage-School/2022-Yearbook/2021120813301454362/CATALOG_SHOW/)

**Yearbooks ordered for the 2021-22 school year will arrive
in June!**

***IMPORTANT* We will have pre-ordered books ONLY NO
additional books will be available in June.**

It's Time to Order Your.....
YEARBOOK!





Congratulations to the SMS students
of the month for February

6th Grade- Kendall Scerbo

7th Grade- Jaidyn Soto

8th Grade- Deborah Todd

These students were recognized at the Board of Education meeting on
February 24th at 7:00 p.m. at Sussex Middle School.

PTO News

The SWPTO is offering their Gertrude Hawk Chocolates fundraiser this year as a virtual online sale beginning now! Please visit <https://fundraising.gertrudehawkchocolates.com/> to add a seller or place an order using our Organization Code 119604. Orders can be placed through April 3. Thank you for your support!



Cafeteria News

Breakfast and lunch are available at each school in the district, free of charge for all students for the 2021-22 school year.

Click [here to view school menus](#)

View your menu <https://swregional.nutrislice.com/>



Before/After Care registration is open.

Go to the district website [for the application.](#)

Community

SUSSEX FIRE AUXILIARY'S ANNUAL

Souper SOUP & sandwich SOCIAL

SUNDAY, MARCH 6TH
BEGIN SERVING AT 11AM
(UNTIL 2PM)

ALL PROCEEDS TO BENEFIT THE SUSSEX FIRE DEPARTMENT

\$6

INCLUDES CHOICE
OF SOUP AND
SANDWICH

Soup is good for the Soul

\$3

PER ADD-ON
SOUP / SANDWICH

MEMBER-MADE SOUPS SO FAR::

CREAMY POTATO
BROCCOLI CHEESE
TACO

NOTE: EAT IN OR CARRY OUT (SUBJECT TO SUSSEX COUNTY
DIVISION OF HEALTH COVID GUIDANCE)

PRICING/TICKETS: TICKETS AVAILABLE AT THE DOOR: \$6.00 PER PERSON
(ADD-ONS \$3.00 SOUP OR SANDWICH)

SANDWICHES

ALL COMBINATIONS OF HAM,
TURKEY AND GRILLED CHEESE
WILL BE AVAILABLE

25 LOOMIS AVENUE, SUSSEX NJ 07461

QUESTIONS, PLEASE CALL 973.919.5380 OR 570.994.9483

Community

Sussex Fire Auxiliary
presents...

St Patrick's Day

Dinner Dance
Saturday, March 19, 2022

Doors open at 6pm, Dinner buffet begins at 7pm

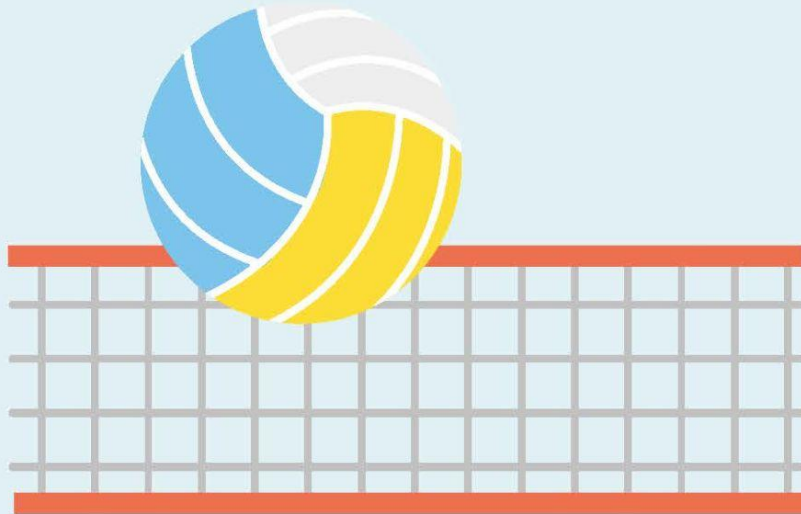
DJ & Dancing to follow

\$35.00/person | Includes Corned Beef & Cabbage Dinner Buffet | Beer,
Wine, & Birch | Cash bar/Soda available for purchase

Sussex Firehouse, 25 Loomis Avenue, Sussex NJ 07461

Must be 21 to attend | Tickets available by calling
973-600-7043, 973-343-1189, or any member |
www.sussexfire.com/ | <https://fb.me/e/2WcQf8V0l>

Community



Community Youth Volleyball Games

**FREE TO ATTENDED! HOSTED BY 2022
HIGH SCHOOL SCHOLAR ATHLETES**

**SAT, MARCH 5TH: JEFFERSON HIGH
SCHOOL GYM 12-3PM**

**SUN, MARCH 6TH: HIGH POINT HIGH
SCHOOL GYM 12-3PM**

Masks are strongly recommended and appreciated

Need more information? Feel free to contact Pass It Along at:

(973) 726-9777 or info@passitalong.org

Community

HIGH POINT SOFTBALL YOUTH CLINIC 2022

2 SESSIONS IN MARCH FOR AGES 10 & UP

MARCH 22nd ~ 5PM TO 7PM

MARCH 24TH ~ 5PM TO 7PM

LOCATION:

HPRHS EAST GYM



The High Point Regional High School Softball Team will be holding a two day youth clinic. The goal of the clinic is to help young prospects improve their skills and get ready for the spring season. 100% of the proceeds from the clinic go towards the High Point Softball program.

Batting Cages
Hitting Stations
Fielding and Throwing
Base running

Coaching Staff
James Seck
John Gardner
HP Softball Players

Name of
Registrant: _____ Phone: _____
Address: _____
Emergency Contact: _____ Contact Phone #: _____
Grade: _____ Age: _____

I hereby acknowledge that my child is physically capable of participation in camp activities and approve of her attendance in the camp. I authorize the directors to act for me according to their best judgment in any emergency requiring medical attention for which I shall pay. (If there is a medical situation that the clinic directors should be aware of, please use the back of this return slip to describe the situation)

Please make all checks payable to: High Point Regional High School Softball

You may bring this form on the date of the clinic or mail to:

299 Pidgeon Hill Rd, Sussex, NJ 07461

If you have any questions or concerns please email Coach Seck at:

Jseck@hpregional.org

Community



caregiver
support squad



About Debbie

Debbie is a Certified Caregiving Facilitator and has been a family caregiver for 40 years, to a parent, spouse and son while running a full-time business. She suffered from caregiver burnout and transformed her own life by learning to prioritize herself while still being a loving, effective caregiver. She is now sharing her 8-year transformation journey with other family caregivers. Debbie's goal is to help them prioritize self-care so they can be more of who they are as well as a caregiver.

Suggested Talking Points:

- Dangers of caregiver burnout
- Self-care is not selfish
- Different types of self-care
- Combatting the idea that there is not enough time for self-care
- Integrating self-care regardless of your unique situation
- Where do I even start?

Caregiver Support Squad Information

@caregiver.support.squad

debbie@caregiversupportsquad.com

Caregiver Self-Care Squad Group

908-892-0508

www.caregiversupportsquad.com

Debbie Weiss

From the
Care Giver Support Squad

will be speaking about the

IMPORTANCE OF CAREGIVER **SELF CARE**

March 9, 2022 at 6:45

Sponsored by the
Sussex Wantage Regional School District &
High Point Regional High School
SEPAG Committee's

Her presentation will take place in the
High Point Regional
High School

Community

LAKE IN THE WOODS SLEEPAWAY CAMP 5 DAY-A-WEEK SLEEPAWAY CAMP

EVERYTHING YOU LOVE ABOUT SLEEPAWAY CAMP AND HOME ON THE WEEKEND!
Located on the campus of Blair Academy in Blairstown, NJ

CO-ED, ENTERING GRADES: 4-10 JUNE 27-AUGUST 5
TWO-WEEK THEMED SESSIONS - HOME ON THE WEEKENDS!

fairviewlakeymca.org/lakeinthewoods

973 383 9282

lakeinthewoods@metroymcas.org



SCAN TO
LEARN MORE!



FAIRVIEW LAKE YMCA SLEEPAWAY CAMPS 107 YEARS OF CAMPING EXCELLENCE

WIDE VARIETY OF PROGRAMS TO PIQUE THE INTERESTS OF ANY CHILD

Located on 660 acres in Stillwater, NJ

CO-ED, ENTERING GRADES: 2-10 JUNE 27-AUGUST 27
1, 2, 3 OR MORE WEEKS OF GREAT PROGRAMS

fairviewlakeymca.org/summer

973 383 9282

fairviewlake@metroymcas.org



MINISINK
Coed Entering
Grades 2-4



LAUREL RIDGE
Girls Entering
Grades 5-10



KITTATINNY
Boys Entering
Grades 5-10



TUPELO
Coed Entering
Grades 5-10



RANCH
Coed & Girls Entering
Grades 4-10



**COUNSELOR IN
TRAINING**
Coed Entering Grade 11



SPECIALTY CAMPS
Coed Entering
Grades 4-10



ETC
Coed Entering
Grades 4-11

REGISTER FOR ALL CAMPS & PROGRAMS
FAIRVIEWLAKEYMCA.ORG/REGISTERNOW

This is not a school sponsored program.

Community

LAKE IN THE WOODS DAY CAMP

CO-ED, ENTERING GRADES: K-8

TWO-WEEK THEMED SESSIONS, JUNE 27 - AUGUST 5

LOCATED ON THE CAMPUS OF BLAIR ACADEMY IN BLAIRSTOWN, NJ



A UNIQUE PROGRAM FOR YOUR CHILD Lake in the Woods Day Camp provides a structured program to encourage campers to try new things, form strong friendships, learn cooperation and teamwork skills, and have fun. Each themed session will bring a variety of entertaining and engaging activities to spark the imagination of your child and bring out their very best.

Camp Hours: 9:00 am - 5:00 pm

Before Care: 7:30 am - 9:00 am Registration Required

After Care: 5:00 pm - 6:00 pm Registration Required

Camp Location: Blair Academy
2 Park St.
Blairstown, NJ 07825

Camp Director: Stephanie Schumaker
sschumaker@metroymcas.org

Camp Registrar: lakeinthewoods@metroymcas.org



BLUE MOUNTAIN DAY CAMP

CO-ED, 3-15 YEARS OLD

TWO-WEEK SESSIONS, JUNE 27 - AUGUST 26

LOCATED AT FAIRVIEW LAKE YMCA CAMPS IN STILLWATER, NJ



OUTDOOR DAY CAMP FOR YOUR CHILD Blue Mountain Day Camp provides an outdoor based program where campers try new things, form strong friendships, learn new skills and have fun. Each day brings outdoor adventure - from swim lessons in our pristine lake to hiking on our beautiful trails. Our staff of role models will help your child learn, grow and have the best summer ever!

Camp Hours: 8:30 am - 5:00 pm

Before Care: 7:30 am - 8:30 am Registration Required

After Care: 5:00 pm - 6:00 pm Registration Required

Camp Location: Fairview Lake YMCA Camps
1035 Fairview Lake Road
Newton, NJ 07860

Camp Director: Carolyn Koch
ckoch@metroymcas.org

Camp Registrar: bluemountain@metroymcas.org



REGISTER FOR ALL CAMPS & PROGRAMS
FAIRVIEWLAKEYMCA.ORG/REGISTERNOW

This is not a school sponsored program.

Washington's Birthday

S	W	A	M	G	X	Y	X	X	M	A	R	T	H	A	G
S	Z	G	V	A	L	L	E	Y	F	O	R	G	E	L	G
M	X	D	Z	B	T	M	K	E	L	E	A	D	E	R	N
R	E	V	O	L	U	T	I	O	N	D	C	D	R	M	A
A	P	F	F	A	T	H	E	R	T	H	O	N	E	S	T
G	E	O	R	G	E	W	A	S	H	I	N	G	T	O	N
I	N	Z	F	L	X	N	H	A	T	C	H	E	T	I	T
V	I	R	G	I	N	I	A	T	C	H	E	R	R	Y	V
F	G	U	Z	V	P	R	E	S	I	D	E	N	T	T	M
F	T	L	J	R	S	O	L	D	I	E	R	Z	T	H	J
A	T	I	B	P	C	V	L	D	C	D	H	Q	O	V	U

Find the answers in the puzzle above.

- He was America's first president.
- George Washington was born in the colony of _____.
- As a child, Washington supposedly chopped down his father's _____ tree.
- Even as a child, Washington was _____. He told his father, "I cannot tell a lie."
- Washington fought in the American _____.
- Washington was the _____ of the Continental Army.
- Washington led the troops through a bitterly cold winter at _____.
- Washington's wife's name was _____.
- Washington is called the "_____ of his Country."
- Someone who fights for his or her country.
- America's highest government official.
- A short-handled ax.



Use these words if you need help answering the questions:
 cherry, father, George Washington, hatchet, honest, leader, Martha, president, Revolution, soldier, Valley Forge, Virginia

Email Jen Armstrong

jarmstrong@swregional.org with newsletter submissions